



City man critically hurt in assault

NO ARRESTS A 22-year-old Ottawa man remains in critical condition in hospital yesterday following an assault in the city's east end Sunday.

Police said between 12:30 a.m. and 1 a.m., a male victim suffered serious injuries following an assault in a forested area near Lafayette Street and Den Haag Drive.

The victim and the attacker are known to each other, said Ottawa police Det. Shaun Wahbeh. "It wasn't a random attack."

According to Wahbeh, two males, who are roughly the same age, went for a walk on a pathway close to their respective homes.

"It was a fight that ended badly," said Wahbeh.

Police said there were no weapons involved. The victim suffered serious injuries and was taken to hospital, where he underwent surgery and is in critical condition.

Police said no arrests have been made.

TRACEY TONG/METRO OTTAWA

Canada pg 3

Three Amigos talk trade, flu



Ex-victim fights sex slavery

Share**Your**Views

Taiwan Typhoon Morakot takes devastating toll



A rescuer carries a man in Chishan, Kaohsiung county yesterday, after he was evacuated by military helicopter from a landslide-affected village in southern Taiwan. About 600 people are missing and may be buried under a mudslide in the mountainous village of Hsiao Lin following torrential rainfall over the weekend from Typhoon Morakot, disaster officials said. Coverage, page 4.

Ottawa needs full-time deputy mayor: Coun.

Thompson wants council to consider creating position for 2014

TIM WIECLAWSKI tim.wieclawski@metronews.ca

After experiencing life in the mayor's chair, Osgoode Coun. Doug Thompson is convinced that Ottawa needs someone in the deputy mayor's position full time.

While Mayor Larry O'Brien was on a leave of absence for his trial, his duties were assumed by the deputy mayor, a position that councillors rotated through on a two-month basis.

Thompson served

deputy to Michel Bellemare for the first two months, then as acting mayor for the last month.

Political action at city hall slows down dramatically in the summer, but Thompson said as mayor, he was putting in very long days. Two weeks ago, Thompson said he made six trips to the flooded areas in Kanata and last week, he formally received a delegation from China and met with the ambassador from Argentina, who stopped for a courtesy call.

"You go from one thing to another, to another," said

Election unusual

• In Toronto and Winnipeg, the mayor appoints a deputy from one of the elected councillors for an indefinite time.

 Vancouver rotates through their councillors, with each sitting for a month at a time.
 In Montreal, the council executive committee nominates a councillor to be deputy mayor every three months.

Thompson. "Given the size of our city and complexity of the position, I really believe that we should have a deputy mayor."

Thompson said a more permanent deputy mayor could share the ceremonial and social responsibilities and take the lead on some key issues.

"If I was mayor, I would like to have someone that I could designate a file to — Lansdowne Park, for example," said Thompson.

It's unlikely that the position could be created in time for the next election, but Thompson said it was something that the next council should seriously investigate for the 2014 election.

Anti-gay marriage rally not Tim's cup of tea

RHODE ISLAND Facing a wave of criticism, Tim Hortons announced yesterday it was no longer associating its company with an anti-gay marriage rally in the United States.

News

spread quick-ly through websites and blogs yesterday of a Tim Hortons franchise in Providence, R.I. sponsoring a fundraiser by the National Organization for Marriage, which opposes same-sex marriage. The event billed as "Celebrate Marriage & Family Day" is taking place Sunday with the Tim Hortons logo on flyers and posters, according to media reports.

When contacted yesterday at its headquarters in Oakville, Ont., Tim Hortons said in a media release support for the rally was a mistake and it has since cancelled its sponsorship. "Recently Tim Hortons

"Recently Tim Hortons was approached in Rhode Island to provide free coffee and products for a local event, as we do thousands of times a year," read a company press release. "It has come to our attention that the Rhode Island event organizer and purpose of the event fall outside of our sponsorship guidelines. As such, Tim Hortons cannot provide support at the event."

The company's website said it has policies against religious groups, political affiliates or lobby groups.

The press release did not address the nature of the rally, but did say Tim Hortons has "always welcomed all families and communities to its restaurants and will continue to do so."

PAUL MCLEOD/METRO CANADA



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The block between O'Connor & Bank



Egyptian exhibit closing Sunday

Visitors to the Canadian Museum of Civilization have until Sunday to see Tombs of Eternity: The Afterlife in Ancient Egypt. Since opening, more than 220,000 people have seen the display, which includes a burial chamber with three human mummies. METRO OTTAWA

Local



Tulips boosting Poppy Campaign

Until Aug. 20, area residents can purchase official Canadian Tulip Festival bulbs through its Paint the Town Tulip fundraiser and help a good cause at the same time. In honour of the 65th anniversary of the liberation of Holland, and the 100th anniversary of the Canadian Navy, 10 per cent of all sales through tulipfestival.ca, will be donated to the Canadian Legion's Pop-

Sudanese remember one of their own | Slow summer for charities

Friend recalls Charles Luka, 22, as 'very funny, very friendly and energetic'

A graduate f Glouces-

High

TRACEY TONG

The city's small, tight-knit Sudanése community came together last night to remember one of its members who was killed while cycling in Ottawa's east end last month.

People gathered at the Annunciation of the Lord Parish on Ogilvie Road to remember a promising 22year-old athlete and musician who was well-liked and who wanted to be a doctor.

On July 21, Charles Luka was struck by a vehicle in the area of Blair and Ogilvie roads while biking home from his uncle's house. He was not wearing a helmet and later died of his iniuries.

When Brian Adeba heard of his friend's death, "it sucked the strength out of me," he said.

"He was full of life," Adeba said of his friend, who he met in 2005. "It's such a tragedy for the Sudanese community. He was a soccer player and very athletic.



Charles Luka

Alqonquin College and was active in the Sudanese community.

David Abraham, who is also Sudanese and a friend of Luka's, remembered the young man as "very funny, very friendly and ener-

"He was loved by all," said Abraham, who organized last night's memorial. "He was someone who had a vision and believed in himself. He was very promising and we were very proud to have him in the communi-

Ottawa's Sudanese community is small, but its members came together to raise more than \$16,000 for the repatriation of Luka's body to Sudan, Abraham said.

"Everyone gave what they

could," he said.

Luka came to Ottawa from the town of Torit in South Sudan about six years ago with his uncle and two of his brothers, Abraham said. He and his brothers moved out several years ago Luka and was their guardian.

"We'll sit down and see how we can help them," Abraham said.

"Our community is very close and the death of this very loved young man has brought the people even closer together.

for charities, non-profits

DONATIONS For many people, summer means vacation

But while the city's charities and non-profit agencies don't begrudge you time off, they're trying to run their services as normally as possible — but with fewer resources.

"We're certainly affected by the summer months,' Ottawa Food Bank executive director Peter Tilley said yesterday. "Hunger doesn't take a holiday. Hunger's not seasonal.

The Ottawa Food Bank is using its donations from the spring food drive and the capital food blitz at the end of June, Tilley said. Supplies are running low, which means the food bank is buying supplies to get through the summer until the next big drive is held at Thanksgiving.

Tilley is encouraging residents to drop off a few donations or to put together their own office food drives this summer.

"When the ones that come in regularly go on vacation, it affects us," said Tilley. "We're just reminding people to keep the need front and centre

"Summertime has always been a difficult time for Canadian Blood Services," said spokeswoman Jennifer Ciavaglia. "Sometimes people miss their appointments or fail to reschedule because they're busy with other things.

Over at the Ottawa Mission, volunteer holidays make it difficult to get certain jobs done, said spokes-woman Shirley Roy. "And donations do tend to slow down in the summertime."

But things will pick up come Thanksgiving, Roy

News in brief

AWARD Emergency services in the National Capital Region have set "a new standard for emergency preparedness" after winning an award, an official with Operation Intersect said yesterday. The Canadian Association of Chiefs of Police/Motorola Award for Excellence in Emergency Preparedness was given to Operation Intersect, which launched last year to coordinate emergency services and share information among

TRACEY TONG/METRO OTTAWA



Video Barack Obama criticizes those who think Canada makes "a good boogeyman" in U.S. health care debate at metronews.ca. canada

Lotteries Ontario Pick 3: 3 4 6; Ontario Pick 4: 3 1 7 9 Encore: 7632393

Daily Keno: 6, 7, 8, 9, 16, 32, 34, 35, 37, 39, 40, 42, 43, 49, 50, 53, 57, 64, 67, 68 These results are not official.

Mayor seeks progress on projects before council

TIM WIECLAWSKI

POLITICS Since returning to office last Thursday, Mayor Larry O'Brien said the information being thrown at him has felt like "trying to drink water out of a fire hose.

The mayor was on a leave of absence for three months during his trial on two charges related to influence peddling. Both charges were dismissed last Wednesday.

Yesterday, O'Brien attended his first public function since returning to office with the ninth annual Mayor's Golf Classic in support of Child and Youth Friendly Ottawa.

With less than a year and a half left in the council term, O'Brien said there were major projects to tackle, such as securing the funding for the downtown transit tunnel, sorting out the future of Lansdowne Park, as well as issues related to sewage, which is spilling into the Ottawa River and flooding in Kanata.



Mayor Larry O'Brien practises at the Cedarhill Golf and Country Club yesterday during the ninth annual Mayor's Golf Classic in support of Child and Youth Friendly Ottawa. The event was his first public function since returning to office.

O'Brien said he plans to make "a really substantial statement" on a number of the major files that are before council.

"I won't do so from the perspective of just the mayor's office," he said. "I will make sure I talk to councillors and make sure we are on common ground on all these files moving forward."

Details on when he plans to make that statement will be announced later.

Registration for next year's election opens in Jannext uary, and though he won't

commit to running again, O'Brien said he expects some jockeying to begin as campaigns for the next term begin to ramp up. But he said he believes there is a general consensus that everyone wants to move ahead on these files.

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Canwest Global, which is struggling under a debt load of nearly \$4 billion, has initiated talks with Canadian regulators on a possible ownership change, officials said yesterday. Winnipeg-based Canwest owns the Global TV network and a stable of daily newspapers across Canada. REUTERS

Canada



Man seeks to split reward with culprit

A Prince Edward Island man is hoping to cash in on a \$1-million reward EnCana offered for in-formation leading to the arrest of the bomber who has been targeting the company's natural gas pipelines in northern B.C. by offering to share the prize cash with the culprit, CBC News On line reports. James Halstrum recently placed ads in several northern B.C. newspapers asking whoever is responsible for the bombings to contact him. The RCMP said the plan is illegal, because it is against the law for the bomber to profit from his or her crime. METRO NEWS SERVICES

Amigos target drugs, H1N1

North American leaders also vow to work together ahead of G20 summit

Leaders of the United States, Mexico and Canada vowed yesterday to fight the spread of influenza A (H1N1), also known as swine flu. and combat drug gangs but differed on trade disputes at their "three amigos" summit.

U.S. President Barack Obama, Mexican President

Obama downplays 'Buy American'

President Barack Obama said yesterday the "Buy American" component of the U.S. economic stimulus package

Felipe Calderon and Prime Minister Stephen Harper met against a backdrop of

has not endangered billions of dollars of trade between the United States and Canada

an economic downturn in each country with a U.S. rebound key to a regional im-

provement. "The global recession has cost jobs and hurt families from Toronto to Toledo to Tijuana," said Obama at a ioint news conference as the leaders pledged to work together to prepare for a summit of 20 leading economies in Pittsburgh next month.

Facing the possibility of a resurgence in swine flu this fall likely to lead to more deaths, the three leaders pledged that their governments will share information and try to instruct their peoples on how to prepare.

"H1N1, as we know, will be back this winter," Calderon said. REUTERS

Greenhouse aas trading eyed

CLIMATE The United States, Canada and Mexico said yesterday they would put in place infrastructure to co-operate on greenhouse gas emissions trading as part of efforts to fight climate change.

"We will build capacity and infrastructure with a view to facilitate future cooperation in emissions trading systems, building on our current respective work in this area," the three countries said in a statement. REUTERS

Harper blasted on refugee system

CRITICS The refugee system is only broken because the federal government has taken too long to give it the resources needed to tackle a growing backlog of claims, critics argued yesterday.

They were refugee said ages behind a new visa require- Janet Dench, Canadian ment ing Canada-Mexico rela-

tions. Auditor General Sheila Fraser said in her March report that the Immigration and Refugee Board saw a significant decrease in its number of decision-makers beginning in the second quarter of the fiscal 2006/2007 and at one point was operating with a 35 per cent vacancy rate. Critics say the shortage is to blame

for a backlog of pending refugee claims the Treasury Board expects to grow up to 94,000 by the end of 2009/2010.

"The government has really got quite a lot of nerve to attack the

for

reacting to a statement by "The government system having Prime Minis- has really got quite backlog when Stephen a lot of nerve to them-Harper that a dysfunctional attack the system selves are the key reason sys- for having a that a backlog tem, which he backlog when they exists," said Janet Dench, illegiti- themselves are the executive director of the claims, key reason that a is the reason backlog exists." Canadian Council for

strain- Council for Refugees

tion Minister Jason Kenney told the House of Commons in April appointments to the board slowed down for a certain period of time" because of a new pre-screening process involving exams and interviews for candidates. There has been a flurry of ap-pointments in recent recent months but there is still an 11 per cent vacancy rate.

Refugees.

Citizenship

and Immigra-

Nova Scotia Marshall honoured



The hearse carrying the remains of Mi'kmaq icon Donald Marshall Jr. leads an aboriginal honour march through his home community of Membertou, N.S., yesterday. Marshall was wrongfully convicted of murder in 1971 and served 11 years in prison before he was acquitted.

Ski jumpers plan to appeal decision

OLYMPICS A group of women ski jumpers who are fighting to be included in the 2010 Vancouver Olympics are taking their battle to B.C.'s highest court.

Ski jumping is the only sport in the Winter Olympics not open to men

and women. In July, B.C. Supreme Court Justice Lauri Ann Fenlon found the women were discriminated against, but held that the IOC was not subject to the Charter of Rights and Freedoms.

In a statement yesterday, lawyer Ross Clark said he wants the B.C. Court of Appeal to "revisit" the judgment. METRO CANADA

Duck shooters plead guilty

AMY GREGSON for Metro Canada

YOUTUBE The three men responsible for a YouTube video in which they were seen shooting ducks out of season pleaded guilty in a Saskatchewan court yester-

David Fraser, James Fraser and Ieremy Rowlands were charged with violating several federal and provincial wildlife protection laws.

A judge ordered the men to turn over their rifles and slapped them with fines the Frasers must pay \$5,000 each and Rowlands must pay \$6,000.

"It was gratifying to see the hunting community and everyone else jump on board and use the tips program," said Darrell Crabbe, executive director of the Saskatchewan Wildlife Fed-

News in brief

POLL Canada's opposition Liberals are still ahead in public opinion but their lead over the ruling Conservatives has shrunk since June, according to a poll released yesterday. The Nanos Research survey put the

Liberals on 33.8 per cent, down from the 36.3 per cent recorded by the same firm two months ago. The Conservatives were on 31.3 per cent, down from 32.2 per cent.





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Nepalese widows protest marriage incentive

About 200 women marched through Kathmandu yesterday to denounce a government scheme to pay cash incentives to men for marrying widows, witnesses said. Nepal's centre-left coalition announced a plan last month to pay men the equivalent of \$650 US for marrying widows, angering the widows. REUTERS

World



Sarkozy seeks release of French teacher

assistant, who is a defendant in a mass trial in Iran, his office said yesterday. An Iranian court has charged Clotilde Reiss, left, along with dozens of other detainees of spying and helping a Western plot to overthrow the government.

Islamists pulling teeth: Residents

SOMALIA Somali Islamist group al Shabaab is forcibly removing gold and silver teeth from residents in southern Somalia because it says they contravene strict religious law, locals from a coastal town said yesterday.

Residents in Marka say al Shabaab has been rounding up anyone seen with a silver or gold tooth and taking them to a masked man who then rips them out using basic tools.

'I never thought al Shabaab would see my denture as a sin. They took me to their station and removed my silver tooth," resident Bashir told

Al Shabaab officials declined to comment. The Islamist group says the gold and silver teeth are used for fashion and beauty, which is against strict interpretations of Islam, residents

Typhoon triggers | Smuggler plotted to deadly mudslide

A mudslide triagered by torrential rains from a ty phoon may have buried up to 600 villagers in mountainous southern Taiwan, disaster officials

said yesterday.

More than 50 people have died in tropical storms striking the Phillipines, Taiwan, China and Japan.

The death toll so far in Taiwan stood at 15, with 55 missing and 32 hurt, since Typhoon Morakot struck the island on Friday and remained in the area through the weekend before battering China's populous east coast.

Rescue squads aboard helicopters had saved only 45 people from Hsiao Lin, a village of 1,000 in southern Taiwan. Rains washed out

Storm toll

 Typhoon Morakot killed 22 people in the Philippines. In China, it damaged more than 1,800 houses in the province of Zhejiang and killed at least one child, the official Xinhua news agency said. One million people were evacuated in China before the storm made landfall.

roads and bridges in Kaohsiung County, severing all land vehicle traffic.

"No small number of single-storey houses have been covered in mudslides," said Richard Hu, an army majorgeneral.

'We don't know how many people are there, but homes have definitely been buried.

Local officials said they had lost contact with up to 600 villagers, with inclement weather reducing even helicopter access.

The storm caused floods in Taiwan's densely-populated south and farm-related losses on the island were estimated at \$128 million

In Japan, tropical storm Etau was fast approaching and more than 47,000 residents of western regions were told to leave their homes, national broadcaster NHK reported.

At least 12 people were killed in Hyogo, western Japan, a police official said, while providing no further

kill Calderon: Police

DRUG WAR Mexico has captured a drug smuggler believed to have been plotting to assassinate President Felipe Calderon in revenge for the army's crackdown on trafficking, a senior police official said vesterday.

Dimas Diaz, a mid-ranking member of the Sinaloa cartel in northwestern Mexico, was arrested Sunday with four other traffickers, said Ramon Pequeno, head of the federal police's antidrug wing.

Calderon and his family have received death threats since he launched his drug war in December 2006.

The president has sent thousands of troops to crush drug gangs, which have become a huge barrier to Mexico's development and a serious threat to national security. Calderon, holding talks with Prime

Number of people murdered in Mexico since President Feline Calderon declared war on drug cartels in late 2006.

Minister Stephen Harper and U.S. President Barack Obama in western Mexico, said he had no specific details of any plan to attack him but brushed off drug gang threats.

"It's not the first time and it won't be the last that there is talk about an attempt on my life," he told reporters. "What the criminals basically want is for the authorities to stop. They know we are destroying their criminal structures.

News in brief

CENSORED Saudi Arabia has closed the Jeddah office of a Lebanon-based television network after it aired an interview with a Saudi man speaking about his sexual escapades, a government spokesman said. Mazen Abdul-lawad 32 was arrested last month after shocking Saudi Arabia, one of the most conservative countries in the

world, by recounting details of his sexual exploits on Lebanese channel LBC. He spoke to camera from his bedroom in Jeddah about how couples can spice up their sex lives. "Everything happens in this room," he said on an enisode of his show before launching into descriptions of foreplay techniques and tricks cruising for women.

MEDICA

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Playing politics in Germany Is bigger better?



A campaign poster for the upcoming German election with the words "We have more to offer" shows current Chancellor Angela Merkel, left, of the conservative Christian Democratic Union party (CDU) and Vera Lengsfeld, candidate of the CDU at Berlin's Friedrichshain-Kreuzberg district in Berlin yesterday.

Lead poisoning hits 300 children

CHINA More than 300 children from a county in northwestern China need treatment for lead poisoning that their parents blame on a nearby metal smelter, the official China Daily reported yesterday. China's pollution and lax product safety standards have long been a source of tension and unrest when parents or residents of pollution hotspots — dubbed "cancer villages" because of high rates of the disease - feel their worries are being ignored. The sick children all live near the Changqing industrial park in Shaanxi province and parents have pointed at a lead and zinc smelting plant inside, which was supposed to help relocate villagers living close by in

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Comment & Views

Comment

Tough times for Amigos



he Three Amigos are getting a bit testy, where the Mexican mini-summit vealed some friction

Mexican President Felipe Calderon made clear his opposition to Stephen Harper's introduction of a visa requirement for Mexicans, saying it was bad for relations. U.S. President Barack Obama made it clear he was getting a little tired of Harper's complaints over how Buy American laws hurt Canadian exporters.

It may have been just an incidental slip but it was interesting how the U.S. president referred at the press conference to the Mexican leader as his "great Mexican friend" and Harper

as his "good friend." He also went out of his way to com-pliment Calderon on his climate change efforts while not doing the same for Harper.

If there was friction among the Amigos it should come as no surprise. The days of a smooth func-tioning NAFTA agreement are over. With the advent of China, the days when Canada had few other good alternatives for trade than the United States are over. The 9-11 calamity has changed the dynamic at the border, perhaps permanently. As well, there is the deep American recession, which isn't helping the bilateral spirit. And with regards to Mexico, the immigration problem can't help but make things difficult.

For political purposes, Harper has to get along well with Obama because the U.S. president is so popular in Canada. But on an issueby-issue basis, on a political philosophy basis and on a personality basis the two men cannot be expected to find the going too easy. On the thickening of the bor-der issue as well as the Buy Obama would be Canada any favours.



sensing perhaps a need to leave on a nice note, Harper went out of his way to compliment Obama on his handling of the leadership crisis in Honduras

That was smart. On Mexico, however, he clearly made a misstep in his timing of the announcement — shortly before this summit - of the visa requirement. Though the PM's position is perhaps defensible should have known how his timing would only showcase the controversy. It did - and led to Harper, in order to ease the tensions, having to announce the whole matter was Canada's

With the U.S. and with Mexico, these aren't easy times for Ottawa. But Canadians should get used to it. It's a new era. Given the changing dynamic on the continent, the Three Amigos billing is Pollyannaish.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

Views

Problems with refugee system are many



Martin Collacott

Immigration Minister Jason Kenney was absolutely right when he imposed visa requirements on visitors from the Czech Republic and Mexico. Canada was being pummelled with thousands of refugee claimants that virtually no other country in the world would allow to make claims.

Prime Minister Stephen Harper was equally correct when he told Mexican President Felipe Calderon that the reason why visas had be-come necessary was because Canada's refugee system encouraged bogus claims and had to be changed.

It has been clear since the

current refugee determination was put in place nearly two decades ago that it is highly dysfunctional. While the auditor general of Canada, among others, has documented its shortcomings in detail, no one has been pre-pared to take on the powerful Canadian refugee lobby, which keeps insisting we are far too stingy when it comes to accepting those seeking asylum.

We are the most generous country in the world in welcoming refugees. We accept 50 per cent of those who make claims in Canada (compared to an average of 12 to 15 per cent for other Western countries) and on a per capita basis we grant refugee status to four or five times the number that others do. We also provide the most generous package of us a highly attractive destination for asylum shoppers.

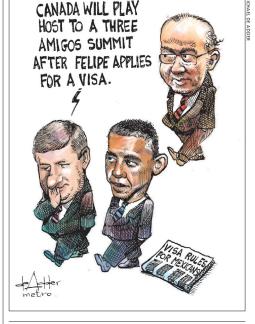
The problems with the current system are many. To begin with, we allow far too many people to make claims, thus clogging the system and slowing down the processing of claims that have merit.

We also need to reduce the multitude of appeals and reviews available to failed claimants to a single substantive reappraisal of their case. Under the current system they are able to avoid removal for years by means of serial reviews and appeals. All of these should be bundled into a single one-stop process so that those whose claims were rejected know quickly if they will be allowed to stay here permanently or will be removed without delay if the review is not favourable.

Whether the government will be able to make any substantive changes to refugee policy remains to be seen. The opposition parties have not been co-operative when it comes to reforming the system and, in fact, have been attempting to complicate it further by adding yet a further layer of appeal without first clearing up the existing mess.

Canadians, however, are increasingly aware that the refugee system is badly in need of a complete overhaul and those who try to block it could well pay a price in terms of electoral support.

Martin Collacott is a senior fellow at the Fraser Institute in Vancouver and former Canadian ambassador in Asia and the Middle East.



Worth mentioning

Cash-strapped Cuba short on toilet paper

Cuba, in the grip of a serious economic crisis, is running short of toilet paper and may not get sufficient supplies until the end of the year, officials with state-run companies said recently.

Officials said they were lowering the prices of 24 basic goods to help Cubans get through the difficulties provoked in part by the global financial crisis and three destructive

hurricanes that struck the island last vear Cuba's finan-

reserves have been depleted by increased spending for imports and reduced export income, which has forced the communist-led government to take extraordinary measures to keep the economy afloat. 'The corporation has

taken all the steps so that at the end of the year there will be an important importation of toilet paper," an official with state conglomerate Cimex said on state-run Radio Rebelde.

The shipment will enable

the state-run company "to supply this de-mand that today is presenting problems," he said.

Cuba both imports toilet paper and pro-duces its own, but does not currently have enough raw materials to make it, he said.

One of the measures taken to address the cash crunch is a 20 per cent cut in imports, which in recent days has become evident in the reduction of goods in state-run stores.

Metro Online Poll Results

Should Canada send the RCMP to help fight Mexico's drug war? Weigh in on today's question at metronews.c



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Russian Prosecutors will reopen the investigation into the death of New York Rangers draft pick Alexei Cherepanov, who collapsed during a Continental Hockey League game last year in Russia. An Investigative Committee ruled last month that team doctors were not to blame for Cherepanov's death and would face no charges. METRO NEWS SERVICES

netro metronews.ca

Sports



'Canes sue artist

The Carolina Hurricanes are suing a hip-hop artist from Raleigh, N.C., who produced a song promoting the franchise, saying the man has violated team trademarks. The federal lawsuit accuses Tyrone Banks of misusing trademarks by referring to the tune as "the official Carolina Hurricanes song" and wearing a Hurricanes jersey in promotional material.

FDITOR: CHRIS CLEMENTS@METRONEWS CA

Jays beat Yankees

MIR

Blue Jays 5 Yankees 4

Lyle Overbay belted the tiebreaking solo homer in the fifth inning to boost Toronto to a 5-4 win over the Yankees, snapping New York's winning streak at seven games.

Aaron Hill also homered for the Blue Jays, who have won three in a row for the first time since June 21-24.

Marc Rzepczynski lasted just 3½ innings in the start for the Blue Jays as he surrendered seven hits, including a trio of homers, and four runs in the opener of the three-game series.

METRO NEWS SERVICES



Vernon Wells of the Toronto Blue Jays runs safely past Jose Molina of the New York Yankees last night at Yankee Stadium.

Kane lays low in wake of robbery charges

NHL With Patrick Kane holed up, apparently, in his parents' Buffalo home, the controversy surrounding an alleged beating of a cab driver over pocket change swirled around him.

Hockey's budding superstar — the face of the sport in Chicago these days must appear in a Buffalo court again next Monday to face charges of felony robbery and misdemeanour counts of theft of services and criminal mischief instead of attending the opening day of Team USA's Olympic training camp.

Leaf GM Brian Burke, who is also the GM of Team USA, said yesterday Kane was still invited to camp. "Still gathering facts." Burke said in an email. "No change in plans at this point."

Patrick Kane has hired one of Buffalo's top lawyers, James Cambria Jr., while the victim, taxi driver Jan Radecki, hired lawyer Andrew LoTempio. Cambria and LoTempio both suggested the matter could be over with quickly. LoTempio told WGN radio in Chicago yesterday he thinks Sunday's incident was blown out of proportion.

"There was a dispute over the fee and it just kind of escalated from there," LoTempio told the station. "It was not really a robbery. That is probably a large distortion of what happened."

TORSTAR NEWS SERVICES

Nadal's knees OK in doubles win

TENNIS Rafael Nadal's tender knees passed their first test when the Spaniard returned to action yesterday in a doubles win at the Rogers Cup in Montreal.

Sidelined for more than two months with tendonitis in both knees, Nadal looked fit and showed no signs of pain as he teamed up with coach Francisco Roig to beat Serbian duo Novak Djokovic and Dusan Vemic 7-5 6-4.

"It's great to be back and I had a lot of fun playing with Francisco," Nadal told reporters.

"A win is a win and doubles is fun and important so I am happy about the way it went today."

REUTERS

Coyotes hearing today could be 'a bloodbath'

NHL No one is saying much on the record but one involved party said he expects that proceedings in an Arizona bankruptcy court today to be "a bloodbath."

This afternoon's gathering is expected to set the rules for the Sept. 10 auction for the Phoenix Coyotes, one in which Judge Redfield T. Baum ruled last week that Canadian billion-

aire Jim Balsillie can participate despite the NHL's strenuous objections.

Rather than address the merits of legal arguments today, the hearing will lay out a schedule to deal with the steps and inevitable conflicts leading up to that auction. But that timetabling should in itself be very contentious given that the league and Balsillie

are working to two different agendas. The Canadian wants matters expedited in anticipation of playing the upcoming Coyotes' season out of Hamilton. The NHL, with concerns about keeping its business viable in Phoenix, is in no rush since it doesn't believe the team can play anywhere but Phoenix this season.

TORSTAR NEW SERVICE

Letting Rios go to White Sox for nothing not a 'financial dump,' says Blue Jays GM

WAIVERS The Chicago White Sox claimed outfielder Alex Rios off waivers from Toronto, and the Blue Jays opted to rid themselves of the high-priced slugger for nothing in exchange.

"Alex Rios was claimed off waivers and we awarded that player to the White Sox," Blue Jays general manager J.P. Ricciardi said. "Nobody came back in return. Alex gets to go to Chicago

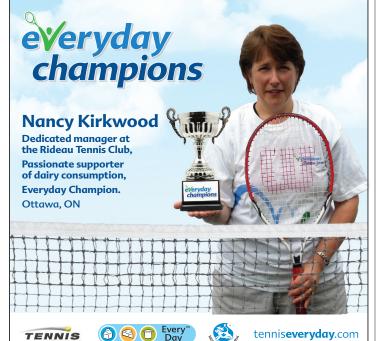
The contract

 Alex Rios is in the first year of a six-year, \$64 million extension he signed last April.

and the White Sox assume his contract. It's not from a standpoint of a financial dump, that's not the message we're trying to send here. Since we've done the contract, things have changed. This allows us some more financial flexibility to address our club going forward. Cash is king going forward, especially in the environment we're in."

Rios, 28, has struggled at the plate in 2009, hitting just .264 after three straight seasons with a batting average of .291 or better.

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metro

From YouTube to the Olympics?

Literally billions of videos have been uploaded to YouTube through the years, but Justin Darlington may be the only uploader whose video gets him to the Olympics.

The Ajax, Ont., native made a name for himself on the Internet when he posted videos of his basslam-dunking artistry.

Blessed with an un-heard of 50-inch vertical leap, the six-foot-four street-baller can put his head over the rim and pull off moves that make NBA stars look like ama-

High-jump coach Daniel St-Hilaire, based in Montreal, stumbled upon those same videos by fluke earlier this year when he typed in "slam dunk basketball" on YouTube.

"For five minutes, I was hypnotized," St-Hilaire said. "I froze in front of

Sports in brief

FORMULA ONE Michael Schumacher will test Ferrari's 2007 race car again this week in preparation for his return to

Formula One as a replacement for the injured Felipe Massa.

The seven-time world champion cannot try out this season's car before the European Grand Prix in Valencia on Aug. 23 be-

cause track testing is banned during the season. **EAGLES** Philadelphia Eagles

backup quarterback Kevin Kolb reportedly suffered a sprained

left MCL during practice yester-

agent netminder Joey MacDon-

ald to a one-year contract. **BASEBALL** Pedro Martinez will debut for the Philadelphia

Phillies and make his first appearance of the season tomorrow, starting against the

CELTICS The Boston Celtics an-

nounced yesterday that they have re-signed forward Glen "Big Baby" Davis. Per team poli-

cy, terms of the contract were

not disclosed. According to The

Boston Globe, Davis' deal is for

two years and is worth \$6.3 mil-METRO NEWS SERVICES

Chicago Cubs.

day. Kolb was hurt during a non-contact session and left

MAPLE LEAFS The Toronto Maple Leafs yesterday traded goaltender Justin Pogge to the Anaheim Ducks in exchange for a conditional 2011 draft pick. Following the trade, Toronto announced the signing of free

the field on a cart.

the video. I said, 'I need to standard is 2.30. talk to this guy.'" standard is 2.30.

The 21-year-old Darlington had spent two years travelling the world un-der the nickname "Jus Fly," putting on shows Fly," putting on shows and entering dunk contests to earn a living. But when St-Hilaire asked via Facebook to meet him, things

changed.
"I said, 'Why "First, he showed

not? I'll hear me how high I what he has to say," recalled

Darlington. jump to get ince
"First, he the Olympics. I showed me how high I laughed at him." would have to Justin Darlington jump to get in-

to the Olympics. I laughed at him."

But Darlington went along with St-Hilaire. After a couple of training sessions, he jumped 1.95 metres. After a couple more, he jumped 2.10 and placed fifth at nationals.

To put it in perspective, best highjumper this year clears 2.25 and the Olympic

"In my 37 years in this sport, I've never seen a progression like that so quickly," raved St-Hilaire.

Darlington, a two-foot dunker who is still adjusting to the one-foot takeoff of the high jump, plans to stick with it.

"Why not?" Darlington said. "If I keep

progressing the way I am, this could easily take me to the Olympics.'

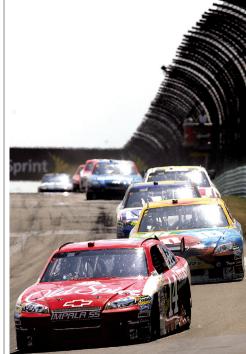
The first step is to get government funding by jumping times by Octo-

It's a tough task, but he barely missed 2.15 at nationals and is getting better by the day.

"If he gets that, it would be the first time in the history of Canadian sport that a guy with so little training gets the carding minimum," St-Hilaire said. "He has unlimited potential."

NASCAR Stewart Heluva Good!

jump to get into



Tony Stewart, driver of the No. 14 Old Spice Chevrolet, leads Kyle Busch, in the No. 18 M&Ms Toyota, and Jimmie Johnson, of the No. 48 Lowe's Chevrolet, en route to winning the NASCAR Sprint Cup Series Heluva Good! Sour Cream Dips at Watkins Glen International yesterday in Watkins Glen, N.Y.



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NASA to spend \$50M on developing space tourism

NASA plans to use \$50 million US of federal economic stimulus funds to seed development of commercial passenger transportation service to space, agency officials said yesterday. REUTERS



TV bills to feature new fee

Local station subsidy hike means 1.5% charge for customers

Stay tuned folks: Watching television is about to get

more expensive — again.Cable and satellite bills are set to rise this fall as those TV service providers begin collecting a mandatory new fee to subsidize local stations in small markets across Canada.

Cable giant Rogers Communications Inc. is sending a strongly worded letter to customers warning them to expect a new charge worth 1.5 per cent of their recurring TV monthly service fee starting in September. The cost relates to the Local Programming Improvement Fund, created by the Canadian Radio-television and Telecommunications Commission to subsidize stations in markets of less than one million peo-

Rogers will dub it the "CRTC LPIF fee" on its invoices. That not-so-subtle tactic comes as the indus-try prepares for CRTC hearings on the contentious fee-for-carriage which could further inflate bills.

"The message is: You should be vigilant, consumers, about how much governments are imposing

Second Rogers fee hike this year

• The new LPIF fee marks the second fee hike for Rogers' customers this year. In March, the company raised prices on several cable packages, argu-

on you," said Rogers' vice-chair Phil Lind yesterday. The CRTC established the

fund in October 2008. It was envisioned that cable and satellite companies would contribute one per cent of their gross broadcasting revenues to the fund. Last month, however, the CRTC decided to raise

ing that hike was needed to offset higher programming costs and for network investment. The average increase was under four per cent.

funding to 1.5 per cent as a "temporary measure" for the upcoming year. The CRTC plans to review the LPIF's funding next spring. Said Lind: "We have a re-

al cynicism about temporary taxes because they usually stay in place for a hell of a long time, if not forever." Torstar News Service

Chief Nortel exec to step down as losses balloon

WIRELESS Nortel Networks said yesterday its chief executive will step down immediately and its board will shrink from nine di-rectors to three as the bankrupt telecom equipment maker sheds assets.

Toronto-based Nortel. once North America's largest maker of telephone gear, also posted a bigger quarterly loss due to big reorganization costs and plunging sales.

The departure of CEO Mike Zafirovski had been expected since the company filed for court protection from creditors at the start of this year.
"There is very little for

Remaining execs

 The three remaining directors are John Mac-Naughton, Jalynn Bennett, and David Richardson, who will serve as chairman.

Mike to do — for any CEO to do — at Nortel at this time in terms of strategy or operations or even cost-cutting or sales," said Duncan Stewart, analyst at DSAM Consulting.

Nortel said it lost \$274 million in the second quarter. That was worse than the loss of \$113 million in the year-before quarter.

Get more than Rogers, for less



Boeing receives Canadian contract for Chinooks

AIRCRAFT The Canadian government announced yesterday it has signed a contract to purchase 15 Chinook helicopters from U.S. aircraft group Boeing for about \$1.2 billion, a move that will have a direct impact on the Nova Scotia economy.

The contract announced vesterday at IMP Aerospace in Enfield near Halifax also includes 20 years of support and maintenance valued at \$2.2 billion. Boeing said it plans to

re-invest the contract value in Canada, with more than \$76 million going to Atlantic Canadian compa-METRO CANADA

Kenva Four months at sea



Crew members of German container ship Hansa Stavanger arrive at the Moi airport in Mombasa yesterday. Hansa Stavanger, which was held by Somali pirates for four months, arrived at Kenya's Mombasa port on Saturday after a \$2.7 million US ransom was paid for the release of its 24 crew.

Rio Tinto shares drop on spy allegations

MINING Shares in global miner Rio Tinto Plc./Ltd. fell yesterday after China stepped up its spying allegations against the company, although Australia's Foreign Ministry said the latest accusations were nothing new.

China's state secrets agency said on its website

at the weekend that Rio Tinto had spied on Chinese steel mills for six years, resulting in the mills over-paying \$102 billion US for iron ore, Rio Tinto's Tinto's biggest earner.

Rio Tinto declined to comment on the accusations, which followed China's detention a month

ago of four Rio employees Shanghai, including Australian Stern Hu, on suspicion of stealing state secrets.

The company said last month its employees had done nothing wrong. The men remain in detention and have yet to be charged.

Business in brief

INTERNET Social networking giant Facebook said it will acquire FriendFeed, an up-andcoming social media startup. Terms of the deal were not disclosed, but Facebook said FriendFeed would operate normally for the time being as the teams determine long-term

plans. FriendFeed lets people share content online in real time across various social networks and blogs.

AUTO General Motors Co. and EBay Inc. said yesterday that they launched a test program in California that will allow consumers to negotiate with

dealers and buy vehicles online. The car shopping website — qm.ebay.com – marks a departure from the way new vehicles have been traditionally sold in the U.S. More than 225 GM dealers in California are participating in the program.

REUTERS

Interest rates/Savings accounts METRO NEWS SERVICES

0.75% 1.05% 1.4% 1.2% 0.75% 0.75% 1.25% 0.75% 0.75% 0.8% Note: Please check bank websites as some rates require a minimum account balance.

business 11

Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Careful you don't flip out

Keep these in mind if you play the real estate game



t's the four letter Fword all over again. Flip. Not flip as in flipping the bird (a.k.a. giving the finger), but flip as in quick and easy bucks in real estate.

After more than a year of doom and gloom on the property pages, repressed editors are now positively shrieking with glee whenever they can report a return to bidding wars.

Real estate bidding wars belong to the post-tech-



A well-known adage in the real estate business says don't buy the best house on the block.

bust world and an anything-but-the-stock-market attitude to investing. With that trend came a wave of and half a flippers dozen real estate shows to pump them up.

I don't recommend flipping as a wealth generating tactic for the average person because it is far too easy to succumb to emotional decisions. Neophyte flippers also often forget to factor in costs such as land transfer taxes and capital

But if you are determined to try your hand as a property mogul, take a proach and pay attention to the three basics.

Location still rules. In tres, focus on areas close to transit, schools, parks services But choose neighbour hoods a little down at the mouth or on

the fringe. If real estate zooms they will be the target of buyers who can't afford the primo addresses.

Condition is critical. Do a thorough assessment of the big buck items; roof, insulation, furnace, exterior drainage, foundation and evidence of termites or carpenter Such

or

Alison's things cannot fixed Money Rule: cheaply covered with a few coats of paint. Do comparison

shopping. A well-known Don't turn a property flip into a flop by ignoring the adage in the basic rules of real estate. real estate business says Location, condition and neighbourhood compardon't buy the isons rule profits. best house on the block

This is especially true in areas that are on the verge of up and coming yet still have a large stock of modest homes.

If you intend to buy and hold, it's a different story.

ICICI Bank

Over time neighbourhoods are discovered, big ticket repairs can be amortized and humble abodes catch up to the mansion on the corner.

But if you must flip — ignore location, condition and comparison at your

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.



long can the rally in North American markets last. Visit metronews.ca/investing

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Plan, manage stress and find reasons to be optimistic



I am a single male in his early 30s. I am deeply troubled about the impact this recession may have on my job and lifestyle. My income is fixed with very little savings. I constantly read about all the layoffs. Should I have a more optimistic approach?

The media does a great job reporting bad news because it's what many tune in for. What's more interesting: "100 families lose jobs, homes, must live in home-less shelters" or "Mom buys new mini-van to drive kids to dance class"?

Personally, I see the glass as half full. However, optimism is not a bubble that is oblivious to world economic issues.

This may be an opportunity to look closer at your work ethic, organize priorities and formulate a contingency plan.

Individuals cannot eliminate the anxiety of losing a job, or how to pay next

Write to Henry

 How are you or your business managing in these economic times? Please choochonghcga @yahoo.ca



mortgage, but can take steps to manage stress

Take some of the following that may ease some of your insecurities:

- · Sit back and take in-
- · Create a budget or review your monthly cash

- Be objective and cut unnecessary expenses
- · Have an emergency fund, savings account or start a Tax Free Savings Ac-
- · Reduce use of credit
- Apply for line of credit for use on rainy days: Banks will loan money when times are good, not when they are deteriorat-
- Have a sincere interest in your job

Inaction is not acceptable. Large organizations and businesses could not be successful with that phi-

Henry Choo Chong, CGA, can be reached at choochonghcga@yahoo.ca.



Believe it or not, there's still room for optimism

Learning Curve

New school can be a challenge

But asking questions the key to transition

BRIAN COULTON for Metro Canada

Choosing courses, navigating an unfamiliar campus and learning a new style of schooling can be trying enough for new college and university students,

let alone adapting to a new city and circle of friends.

"It can be remarkably challenging, frustrating at times, exciting, difficult ... all sorts of overwhelming feelings," said Greta Hall, student development and orientation co-ordinator at the University of Calgary.

But amid the mixture of emotions and demands affixed to the post-secondary transition, you're not on your own. Hall said the most important piece of advice she gives to new students in doubt is to ask



In university or college, students are responsible for managing their own daily schedules, which means planning study time.

questions.

"Every campus has resources for their students, to help them with a whole range of transition issues, whether it be academic, social or emotional," she said. Talking to professors or academic advisers and making use of health and wellness centres are only a few opportunities Hall recommends. "The onus is on the students, most times,

to ask for the help and realize there are resources there.

Students are also responsible for managing their own daily schedules, a novel task for high school graduates accustomed to the secondary school day structure.

With many students in class just 15 hours per week, Hall said they often fall into a trap where newfound freedom can lead to failure.

"As midterms and final exams start to come, it can become very overwhelming," she said, "That's where students start to feel the crunch and panic."

To manage on-campus time effectively and dodge added stress, Robin Walk-er, an admissions counsellor at Mount Allison University in Sackville, N.B., recommends making a personal schedule, pen-cilling in periods for study.

"In high school, it would have been odd to say you're going to study from 1 p.m. to 3 p.m.," she said, but I tell students all the time to make their schedule and actually include a study period for each class they're in.'

New students should also make time to get involved, said Walker, where meeting people can make for a smooth social transition in what's often a for-

eign city.

"Living in residence is a great way to meet people and kind of make instant friends," she said, "But also getting involved in extracurricular activities and taking advantage of those opportunities to meet people and be social is really important in your first-year for post-secondary success and long-term hap-

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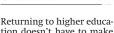
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Anxiety can be overcome, experts say

RAFAEL BRUSILOW for Metro Canada



tion doesn't have to make you feel like a fish out of For some adults who go

back to college or university, the anxiety and uncertainty of heading back into the classroom can sometimes feel like a nervewracking experience.

whether you're there to update your skills, advance your career or just stretch yourself as an individual, education can be the most rewarding gift you give yourself.

Marilyn Booth, director of the School of Continuing Studies at the University of Toronto, says the most important thing to remember is that you are going back to school on your terms, for your reasons.

Your attitude towards learning can shift as you come back to school because you're making a choice to come back," Booth said.

Judith Plessis, executive director of Continuing Studies at the University of British Columbia, suggests technology has changed the landscape of social interaction and education so that adult students don't have to feel alienated from their classmates at all.

"In the past when adults went back to school, they felt a lot more isolated. Now they can go online at

midnight and find a whole community they can go to," Plessis said.

If you have any sense of anxiety about going back into the classroom, Booth says you can take strength from the fact that your life experience can be a huge resource

"Remember you're not there just to get information from the instructor, you're there to share your own life experiences. You bring plenty to the classroom," Booth said.

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Graduate in the black

But financial planning key to ensure future success

BRIAN COULTON for Metro Canada

It can be a period of firsts for students graduating high school, including their first time living away from home and attending college or university. But what many students aren't prepared for is the first time they have to manage their own finances.

A survey of Ontario students aged 14 to 18 conducted by the Investor Education Fund, an Ontario Securities Commission initiative to help people properly use financial information, found that less than half of those surveyed knew how to create a budget, and just 38 per cent felt prepared to manage their money after high school.

"Money management skills directly affect a person's ability to meet financial needs in the future, said Perry Quinton, the fund's Toronto-based vicepresident. So, whether it's buying a home, vehicle or business in the future. poor financial decisions today can compromise those abilities tomorrow. "When vou're at this stage, the money's there and it's about spending it. don't really think of the long-term consequences," she said.

And while post-secondary students popularly enter debt because of student loans and credit cards, Murray Baker believes it is possible to graduate in the black.

For students to balance their budgets, the Vancouver-based author of The Debt-Free Graduate recommends creating a "roadmap" for the year, detailing when they'll receive income from student loans, savings and summer jobs.

"You can look ahead and say, 'It looks like I'm going to be short by this month. Then you can take steps ahead of time," he said. "That leaves it a lot less stressful for students and gives them time to focus on their academics.'

"Money management skills directly affect



With a little planning, you don't have to end up overwhelmed by debt after you graduate.

For students who must borrow money to cover expenses, Murray suggests considering a credit card only as a last resort, and obtaining student loans first. "Student loans are the best option, not only because the interest rate is regulated by the government, but, if you run into difficulty paying off the

loan later on, there are a lot of mechanisms for student relief?

But credit cards can help students with those aforementioned long-term goals, said Elena Jara, education co-ordinator for non-profit credit counselling agency Credit Canada. However she suggests starting small, so students

aren't tempted to get too deep into debt and generate an adverse effect.

"If they're working parttime and get a credit card with a very small credit limit — maybe \$300 to \$500 — this will allow them to, within time, build a credit rating and learn to manage that credit card

Tips to avoid a rainy day

Statistics Canada estimates the average university student paid \$4,724 in tuition last year, and the associated costs of school go far beyond protractors and erasers.

Financial and insurance experts offer the following tips students and their families can take to lower potential expenditures:

- · Students who are away at school and are living outside the family home temporarily are usually still covered for up to \$10,000 in belongings by their parents' home insurance policy. In most cases, this will negate the need for their own tenant policy. However, students who sign a lease should obtain their own tenant policy for insurance of belongings and personal liability on the rented premises.
- For students who need their own policy, tenant insurance can be had for as low as \$100 for the year. And while many think they don't have much to protect, consider this: Just the cost of replacing your entire wardrobe could amount to thousands of dollars
- Some auto insurance companies offer discounts to customers who have children attending school away from home. In some provinces, families can save as much as 50 per cent in secondary driver insurance costs. **NEWS CANADA**





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Mam observed

thing unimaginably horrible. "One day my friend was

killed in front of me," she

says. Watching a friend be-

ing murdered by a pimp was so terrifying for the

young Mam that she ran

away. She vowed that day she would make preventing

such atrocities her life's

Mam is now a world-

renowned activist and the lifeblood of the Somaly

Mam Foundation, which

provides rescue and rehabil-

itation services to girls who

are victims of sex slavery in

Cambodia, Laos and Thai-

land. The Foundation has

saved 3,000 girls since its

Now everyday Canadians can help too. The Body

Shop has teamed up with

the Somaly Mam Founda-

tion in a three-year campaign to prevent the trafficking of girls and young

people for sexual purposes

The other partner is Beyond Borders, the Canadian link

in the international group

End Child Prostitution, Child Pornography and Trafficking of Children for

It is estimated that mil-

The Body Shop in 60

lions of children worldwide,

like Mam, are trafficked for

countries is selling products

such as Soft Hands Kind

Heart lotion to benefit these

organizations. Some of the

proceeds go directly to

Mam's shelters. "I have more than 200 girls to feed

every day in shelters. Now I

sexual exploitation.

Sexual Purposes (EPCAT).

founding in 1996.

14



Get silky lips with Nivea's new extra light texture Light Kiss lip balm (\$3.49/10ml). Its silky texture — containing almond oil and lotus extract — melts onto lips and is absorbed quickly leaving no sticky feeling. Available at most drug stores. METRO NEWS SERVICES

Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Help stop sex slavery

Former victim Somaly Mam launches three-year campaign

CELIA MILNE For Metro Canada

Somaly Mam is a stunning and effervescent international activist. But it wasn't always thus.

She was born into a life of poverty in Mondulkiri province, Cambodia. Abandoned by her parents, she was sold by a man posing as her grandfather into sexual slavery.

slavery.
She doesn't know how old she was (she guesses 12 or 13), or what her name was when she was forced to work as a prostitute. She and the other girls in the brothel were tortured and manipulated. They felt scared and trapped. "When you are in the brothel, you



Somaly Mam, one of TIME Magazine's 100 Most Influential People of 2009, is the founder of The Somaly Mam Foundation — dedicated to fighting the human trafficking industry.

never have the idea to get out. Who will help me? It is not easy to get out," she tells Metro in a phone interview. "I know what is painful — when you need someone to hold you but no one does."

ADVERTISING FEATURE

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ARE ACIDS ERODING YOUR TEETH?

Most of you may never have heard of the concept of "acid erosion" before. Acid erosion manifests itself as damage to the enamel of our teeth. The enamel is the hard, protective coating that covers our teeth. Quite simply, the acid in certain foods can soften the enamel. Once softened, the enamel can be more easily worn away. This makes the tooth more susceptible to decay.

Early signs of acid erosion can include sensitivity, discolouration and rounding of the teeth. As it progresses, teeth can become transparent or yellowed, they may crack, become increasingly sensitive and develop grooves or cups which can more easily trap other forms of bacteria.

The main culprit in acid erosion is food and drink that is high in acid. Examples include wine, particularly white wine, fruits and fruit juices, particularly citrus ruits, carbonated drinks such as diet sodas, sour candies and chewable vitamins.

What is particularly troubling is that a number of the items on this list



Dr. Dr. David Lui Dental Surgeon

are consumed in large quantities by children and teenagers. Children become attached to the taste of chewable vitamins at a very early age. At the same time, how many of us as parents have tried to make sure they drink lots of fruit juice? Wasn't that supposed to be good for them? Then, as they get older, kids consume huge quantities of candies and soda.

All of the above have contributed to significant levels of acid erosion amongst children. Some dentists have reported seeing young kids with levels of acid erosion equivalent to 60 years of wear and tear.

So what can we do to reduce the

problem? Obviously, reducing or eliminating these culprits from your diet would be best. However, it may not be the most practical solution. Other solutions include:

not brushing your teeth for an hour after eating or drinking acidic foods;

using a soft brush to clean your teeth as this causes less damage;

drinking acidic drinks quickly rather than swishing them in your mouth;

chewing gum after eating to reduce the concentration of acid; and

believe it or not, eating cheese after consuming acidic products.

Look at this as proof that the French tradition of wine and cheese is a natural combination! So next time you raise a glass, make sure the cheese is close by to help protect your teeth from the affects of acid erosion. Because reducing the affects of acid erosion is a healthy habit...and healthy habits lead to healthy lives.

Dr. Dr. David Lui Dental Surgeon

Hughes films captured teenage sexual angst



f there's one lesson young women everywhere learned from John Hughes films it's this: Don't give a boy your underpants. Ever.

As you've no doubt heard by now, director John Hughes, the master of some of the most

influential teenage drama films of our, or at least of my, generation — Pretty in Pink, Sixteen Candles, The Breakfast Club, Ferris Bueller's Day

heart attack at age 59. Hughes created a world run by teens (do adults really matter when you're a teen, after all?). There was less sex farce and more true sexual angst than we see in today's teen sex comedy/dramas (American Pie anyone?). He had a way of captivating that fleeting period (of course, at the time, it feels it will never end) when your emotions in all their overly dramatic, roller coaster glory completely dictate

Off - died last week of a

your entire life.

He reflected the hierarchy of teen social life — cool people rule, geeks are outcasts, the girls always went for the yuppies or

the bad boy while the nerdy-but-nice boys were left on the sidelines.

But he also exposed the vulnerability of this hierarchy and cracked teenage life open to show us what it was really about, that is, a bunch of insecure, inexperienced, sexually curious young people jostling for social position and acceptance. Without making it too realistic, which would just be depressing (watch the documentary Kids, and you'll know what I mean).

After all, no teen in real life would say what Andrew McCarthy's

among chimps?
Read Josey's
blog online at metronews.cal blog wald's character, Andie, a girl from the wrong side of the

tracks" in 1986's Pretty in Pink: "You said you couldn't be with someone who didn't believe in you. Well I believed in you. I just didn't believe in myself. I love you. Always."

By making teenage life more exaggerated, funnier, and more entertaining, Hughes' allowed us to shudder at the pain but ultimately to laugh at the absurdity of it all.

Which is perhaps why it is still so satisfying to watch these films as an adult (something the movie channels obviously understand given how often they air them). As a teen, you're too busy being a sexually confused, angst-ridden, insecure teenager to really appreciate the perspective he offered.

As an adult, you've made it through to the other side. You realize that, as adults, the pretty girls, the bad boys, the nerds and the geeks all end up on a more even playing field. And that, as much as your parents tried to tell you and you refused to believe them, it really was just a phase.

Though I still wouldn't give a boy my underpants.

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Herbal Magic

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com. Following Stephen Chow's departure, the Kato-shaped gap in Michel Gondry's Green Hornet has now been filled, says Variety. Jay Chou will fill Bruce Lee's shoes as the chauffeur, alongside Seth Rogen as the titular vigilante newspaper tycoon. EMPIREONLINE.COM

Demon socialite

that takes the form of ... Paris Hilton, said creator and executive producer

One step at a time

Entertainment

So You Think You Can Dance Canada ready for showtime

BRIAN COULTON for Metro Canada

When So You Think You Can Dance Canada host Leah Miller saw show winner Nico Archambault audition for the program in Montreal, an inkling surfaced within her that said, "He could win this."

"He was a real standout," she said. But after viewing many auditions for the show's second season including dancers in genres absent last year — Miller maintains the quality is so high, it's anybody's

The televised dance competition's second season kicks off with a two-night premiere, airing over four hours tonight and tomorrow on CTV. The launch will showcase auditions held in Toronto, Vancouver and Saint John, N.B., earlier this

before year, before heading to Montreal and Edmonton next week

High quality means there's no time to show "bad talent," said Miller, which she marks as the leading difference between the show's Canadian and American editions.

"We don't really have people who show up that just want to be on TV," she said. "The people that come, even if they aren't as talented or technically trained, really believe



Leah Miller hosts So You Think You Can Dance Canada tonight and tomorrow on CTV.

tonight and good and tomorrow they're passionate about on CTV. it. Some of them are from small towns that don't have dance studios and they learned how to from watching videos and YouTube."

You Can Dance

Canada airs

Regardless of the background of the dancers who advance, however, returning judge Tré Armstrong said she won't hesitate to bluntly speak her mind to contestants during weekly episodes.

"Sometimes you've got to take it in a harsh way, where you take all the fluff out and just tell it how it is," she said. "I'll always be caring, but at the same time, people only learn from being told the truth."

Her motto this season is, "If you don't grow, you may not go." But aside maturation dancers, she said the new round of rug-cutters must learn to deal with cameras "Anybody who's going to be in the top 20 has to get ready for their life to change a little bit, but in a good way."

Leah Miller

following their every lock step and walk, and drop

their guards early on.
"You can't wait for this growth epiphany to necessarily hit you in the top eight week because you may only get to the top 16," she said, "You have to let go and be yourself fullout. It sounds redundant, but that is what can win the show.

But judging by the success of some first season finalists - Miles Faber landed a co-starring role in an MTV film, Natalli Reznik was to backup dance for Michael Jackson's tour before his death and Tamina Pollack-Paris danced with Lady Gaga at June's Much-Music Video Awards dancers need not come in first to flourish

Said Miller, "Anybody who's going to be in the top 20 has to get ready for their life to change a little bit, but in a good way."

DVD picks

I Love You, Man

MOST STRAIGHT MALES would sooner skinny dip with sharks than ad-

mit to a

"bromance," which to them implies weakness or — horrors! — latent homosexuality.
I Love You, Man takes

this Freudian courtship to comic extremes with the odd-couple pairing of uptight realtor Peter (Paul Rudd) and his free-ranging

pal Sydney (Jason Segel). Peter realizes he has no close male buddy to be best man for his upcoming wedding to the fetching Zooey (Rashida Jones of TV's The Office).

A chance meeting with Sydney at an open house opens a new world for Peter. The duo quickly bond over matters of sex, canine defecation, food and alcohol and Toronto's own Rush, a.k.a. "The Holy Trinity." Zooey starts to get jealous, Lord knows why.

It's a one-joke pony, but director John Hamburg (Along Came Polly) and his screenwriters manage to stretch it to nearly two hours of hilarity and quasi-profundity.

17 Again

Director: Burr Steers

IN 17 AGAIN. which makes Xeroxes look original, Zac Efron plays high school basketball



torn betwixt love and glory. All you need are a few catchy tunes and you'd have High School Musical 4.

The hook this time, familiar to anyone who saw Big, Freaky Friday, 13 Going on 30, Peggy Sue Got Married or innumerable other body-swap fantasies, is that the teen is an adult in disguise.

Efron's Mike O'Donnell is the transformed version of Matthew Perry's Mike O'Donnell, a middle-aged salesman whose life took a bad turn when he was a high school hoops star. He abandoned a championship game to run after his pregnant girlfriend (Allison Miller).

Twenty years later, Mike is about to divorce that girl and he's got a son and daughter in high school. Enter a janitor who magically transforms Mike back into his sleek bod of 17, allowing him either to make amends or screw things up even worse than before.

Peter Howell/for Metro Canada

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Director Peter Farrelly gave The Boston Globe a little tidbit of news about his planned Three Stooges film: Namely, that Paul Giamatti, shown, will be stepping into the role of Larry, originally set for Sean Penn. EMPIREONLINE.COM

Dark side of the toon

Idiots and Angels shows animator's edgy esthetic

CHRIS ALEXANDER for Metro Canada

commercially, he's

Oscar-nominated animator Bill Plympton is one of the last of the true independents and vet. despite a long career that's run both hot and cold

anything but angry.
Since the mid '70s, the revered NYC based filmmaker has built up a reputation as one of the most innovative and charismatic animators alive, an artist whose edgy, counterculture esthetic is echoed by his simple, jittery, self-penciled imagery.

His latest offering is the feature length morality play Idiots and Angels (opening in theatres Friday), a dark, creepy comic fantasy about a miserable corporate stiff who inexplicably sprouts a set of seraphim wings from his back, inspiring him against his otherwise cantankerous will to do good deeds.



Oscar-nominated animator Bill Plympton's Idiots and Angels hits theatres Friday.

"Its got a spiritual aspect to it," says Plympton of his latest magnum opus that ioins the ranks of such cult Plymptoon hits as Mutant Aliens, Guard Dog and Hair

"I'm not religious at all, my religion is animation, but the film is getting a great, passionate response. There was actually a riot in Greece when we screened it

Movie **profile**

people were beating each other up to try to get in!"

The film has a bleak, monochromatic yet strangely beautiful colour palette that in many ways was inspired by his childhood growing up in the foggy, washed out wilds of Oregon.

"A lot of animators come from Oregon," he says. "Matt Groening (The Simpsons) is one of them, in fact.

"The weather there is very depressing but also misty and kind of magical, like a fairy tale. I spent a lot of time indoors draw ing to amuse myself and that environment definitely helped shape the work."

Macca closer to reclaiming songs

Paul McCartney will hit the jackpot again.

The 67-year-old former Beatle — already worth about 440 million pounds (\$737 million), according to a report by Britain's Sunday Times in April — will be able to start reclaiming the copyrights to the lucrative Beatles catalogue.

He and John Lennon, the Fab Four's primary songwriters, lost control of pop's most coveted catalogue as the band was falling apart. They continued to receive songwriting royalties, but have lost out on a massive windfall over the years from licensing deals.

All but a handful of Beatles copyrights eventually ended up with Michael Jackson, and these 250-orso songs form the crown jewel of Sony/ATV Music Publishing, a 50-50 joint venture between the late singer and Sony Corp.

The U.S. Copyright Act of 1976 gave songwriters the ability to recapture the publishing share of the copyright on pre-1978 works after



McCartnev

tive 28-year terms or 56 That vears. means Beatles compositions regis-tered in 1962 will be eligi-

ble for reversion in the United States in

Under a clause in the Copyright Act, heirs of songwriters who die during the first 28-year term can recapture the publisher's portion of copyrighted works at the end of that term. In the case of Lennon, who died in 1980, the publisher's portion of his share of the Lennon-McCartney catalog for songs written in 1962 became eligible for reversion in 1990, while songs written in 1970 were eligible in 1998.

2018, while songs written in

1970 will be eligible in 2026.

Sources say that Sony/ATV cut a deal with Lennon's widow, Yoko Ono, prior to the reversion dates to retain its publisher's share for the life of the copyright. REUTERS

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critics'corner—

Scotty Moore & Friends: A Tribute to the King of Rock and Roll

and Roll
Who's Scotty Moore? Ask the
nearest Elvis Presley fan. Tennearest Envis Presley fan. Tenist who played with Elvis back
to the day starting with his first in the day, starting with his first hit, "That's All Right (Mama)" in 1954. In this special, Moore gathers some other musical gamers some other musical legends to perform Presley's music, including Eric Clapton, David Gilmour, Mark Knopfler, Ron Wood and Bill Wyman. Dust off your blue suede shoes. fix yourself some peanut butter and banana sandwiches, and enjoy! 9 PM on 40 BVO



So You Think You Can Dance

he contestants have gotten sharper, according to judge Jean Marc Genereux, who returns for the second season of Canada's nomegrown dance competi-tion along with fellow judge Tre Armstrong, rotating third judges Blake McGrath and Luther Brown, and host Leah Miller. Having watched and learned from season one, this year's auditioners know what to expect — so they're ready. The dancer dubbed Canada's favorite gets \$100,000 and lots of career exposure. 8 PM on 7 CTV

In **brief**

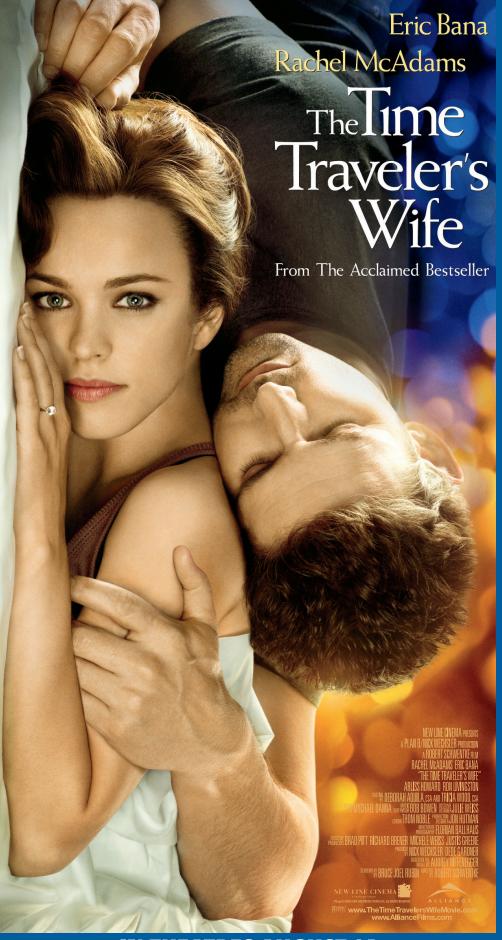
CAMPAIGN The CW is again diving into text-message shorthand for its latest provocative ad campaign. To promote Season 3 of Gossip Girl, the network launched a campaign yesterday to get its young viewers saying WTF. But here's the twist: During on-air ads, WTF is revealed by the network to stand for "Watch This Fall."

CASTING Tom Cruise's son Connor, 14, is among the newest Wolverines to join the remake of Red Dawn, the 1984 action movie about a group of teens who form an insurgency when their town is invaded.

FILM Hilary Duff is teaming with ABC Family for The Business of Falling in Love, a romantic comedy based on the book Diary of a Working Girl, by Daniella Brodsky. Duff will also serve as an executive producer and Gill Junger (10 Things I Hate About You) will







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it on for your
chance to win!

IN THEATRES AUGUST 14







18 entertainment



It's another boy for Elisabeth Hasselbeck and her husband of seven years, former NFL quarterback Tim Hasselbeck. The 32-year-old View co-host welcomed son Isaiah Timothy on Sunday in New York City, people.com reports. METRO NEWS SERVICES

Celebrity Buzz

OPENING UP In her first interview since separating from her husband Jon in June, reality TV star Kate Gosselin says she is hurt by her ex's recent flings, usmagazine.com reports.

Asked about Jon's girlfriend Hailey Glassman, Gosselin told Meredith Vieira on Monday's Today show, "I was shocked, but those things ... to very honest, that's his life and they don't affect me directly at this point.

"It is hurtful. It's very hurtful," she went on. "To be very honest, the most her very nonest, the most hurtful part is when his decisions directly affect our children. That's the hardest part for me."

She added: "I go back very often to

our vow renewal in Hawaii. I think very often of it, and in that moment, I meant those vows. And there was no option for us other than to be together. And so much has changed."

METRO NEWS

'So much has changed' | Michael finally laid to rest?

CLOSURE Michael Jackson's body has finally been laid to rest, sources tell the Daily Mirror. His burial took place with no fanfare at the Forest Lawn Memorial Cemetery in the Hollywood Hills, and his family wants to keep the location of the grave a secret.

"Other than the Jackson family and the management at Forest Lawn, no one knows the exact spot,' a source told the paper. "Staff at the cemetery have been fed several different locations. It's as if they are hoping to confuse everyone so it can't leak out.'

As well, despite a tabloid report saying otherwise, longtime friend Mark Lester is not the father of Jackson's daughter Paris, nor is he claiming paternity, sources

Jackson family attorney Londell McMillan adds that the story is an unproven

tell People.

and meaningless claim, and the probate court has no reason to doubt the late star is father to all three kids.

"These are just merely claims with no legal standing whatsoever," McMillan told People.

> One source while Lester did donate sperm, the timing doesn't line up for that sperm to have been used to conceive Paris. METRO NEWS SERVICES

Miley gets saucy at Teen Choice

SHORT SHORTS Miley Cyrus is courting controversy again after her performance at the Teen Choice Awards. The Disney star performed her new single, Party in the USA, dressed in supershort shorts and black leather boots while dancing provocatively around a pole mounted on top of an ice cream cart.

Dancing with the **Stars wants Paula**

METRO WORLD

JOB OFFER She might be out at American Idol, but Dancing with the Stars is ready to take Paula Abdul. ABC president Steve McPherson he'd love to add her to its panel.

"I think she's a huge talent. There's a sensitivity and an empathy that balances out Idol, and we'd love to get a piece of that.

METRO WORLD NEWS

Elle mag blacklists Lindsay

оисн Lindsay Lohan may be winning praise from director Robert Rodriguez for their current project, Machete, but not everyone has warmed to the troubled starlet.

Lorrain Candy the editor-in-chief of Elle U.K., was apparently

displeased with Lohan's behaviour at a recent photo shoot that the actress probably won't appear in its pages again.

"This was the most unpredictable confusing shoot in my magazine career," she wrote in the new issue. METRO

WORLD NEWS

Mercury talk strictly verboten: Piven the NY Daily News, the Kattan's best-known character on SNL: "Well, what pair got into a shouting

TRUTH TO EVERY JOKE? Note to those around Entourage star Jeremy Piven: Don't mention that whole mercury-poisoning thing, popeater.com advises. The website reports ex-Saturday Night Live star Chris Kattan apparently got a dose of Piven's rage behind the scenes at MTV's It's On With Alexa Chung last week. According to

match when Kattan asked Piven: "So, what are you here to promote, your Broadway play?," refer-ring to Piven's excuse that he had mercury poisoning when he left the show Speed the Plow in December.

Piven sponded with a dig at are you here to promote? Mango?" Though Kattan thought

Piven was joking, a witness says Piven stepped up his insults. "(Kattan) said 'Whoa, man — I thought we were just fooling around here," to which Piven allegedly responded: "I'm getting sued for that s-t ... It's not funny.'

METRO NEWS SERVICES

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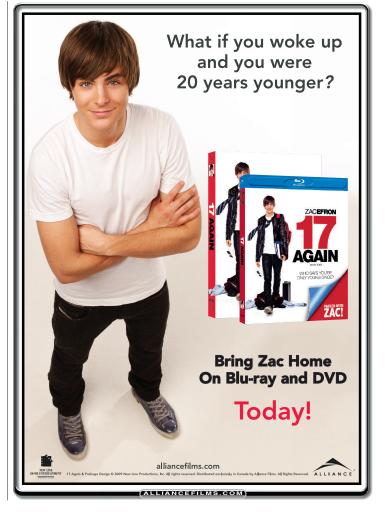
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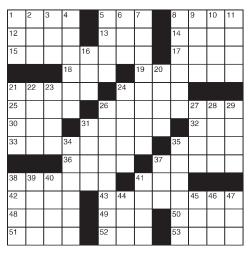
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entertainment 19

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Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

			9	2				7
3		4		8		5		
					3			1
	3	9	8	1		2		
		8				7		
		1		5	7	8	3	
8			4					
		3		7		9		6
5				3	6			

1 Send forth

5 Radio watchdog org. 8 Tarzan's mate 12 Exposed 13 Blunder 14 Reed instrument 15 Shiner 17 Get better 18 Smack 19 Carelessness? 21 Alley "oops"? 24 Fed 25 Great Lake 26 Haughty sort 30 In medias -31 Audit, perhaps 32 Literary collection 33 Decorative cutout 35 Eccentricity 36 "We'll tak' o' kindness yet" 37 Tennessee county 38 Palin's baili-

wick

41 Awful

42 Society newbies 43 Yuletide refrain words 48 Sandwich shop 49 Poolroom stick 50 Con 51 Terrier type 52 Shrill bark 53 — moss

1 Recede — de mer 3 Playwright Levin 4 Computer fixer 5 Yard portions 6 Weep 7 Slapstick missile 8 One of the **Bachs** 9 Help a crook 10 Ark builder 11 Slithery 16 Tool set 20 Analgesic target

> 3 4 9

9

8 2 3

1 6 8

9 2

ALL THOSE BEADY

LITTLE EYES WATCHING ME EAT, IT'S CREEPY!

4 3 2 8 6 9

1 7

21 Antitoxins 22 Get ready quickly? 23 Sylvester's impediment 24 Rose 26 Spiciness 27 Prison 28 Hathaway or Heche 29 Tibetan herd 31 Ailing 34 Dog of film and TV 35 Abduct 37 Cowboy's sweetie 38 Tosses in 39 Onionlike vegetable 40 With skill 41 Gridlock sound

44 Overseas

agreement? 45 Inseparable

47 Torched

2 8 6 3 5 1 4 9 7

8

7 6 5 2 8

4 2 8 6 1 3

1 9 5 7 6 4

6 4 3 8 5 2

5 3 7 2 4 9

46 Greek vowel



with Tomatoes PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

7 5

daily

INGREDIENTS:

1 egg 1/2 tsp (2 ml) salt 1/2 cup (125 ml) toasted Brazil nuts or blanched almonds, finely chopped 1/3 cup (75 ml) wheat

4 boneless skinless chicken breasts

2 tbsp (25 ml) olive oil 2 cups (500 ml) grape or cherry tomatoes, halved 1 tsp (5 ml) dried basil METHOD:

1. Preheat oven to 425 F (220 C). Coat a baking sheet with cooking spray. 2. Place egg and salt in a shallow dish and whisk with 1 tbsp (15 ml) water. In another shallow dish, combine nuts and wheat

germ. Dip chicken breasts into egg and then nut mixture.

3. Place on baking sheet and coat with cooking spray. Bake, turning once, 15 to 20 minutes (depending on thickness) or until cooked through and crispy.

4. Meanwhile, heat oil in large skillet over medium-high heat. Add tomatoes and basil: cook until just browned, 3 minutes. Serve with chicken.

SERVES 4

rd.ca

For nutritional infor mation on this and other great recipes, go to **rd.ca** or check out Key Ingredients in this month's Reader's Digest, on



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES MARCH 21-APRIL 20

A breakthrough of some kind is likely today, and although there may be a price to pay for your good fortune you will consider it worthwhile.

LIBRA SEPT 23-OCT 23

Something that has been keeping you awake with worry until the early hours needs to be dealt with or you may never catch up on your beauty sleep.

TAURUS

(g) APRIL 21-MAY 21 You will need the support of family members and other relatives for what you are plan-ning because you won't get far without it.

SCORPIO

OCT 24-NOV 22
Today's Mars-Saturn link-up makes you determined to let people in positions of authority know you are special. This is no time to be modest.

GEMINI MAY 22-JUNE 21

On the web

If you want to change your life for the better you have got to stop wasting so much of your time on so many irrelevant activities.

SAGITTARIUS

NOV 23-DEC 21
Voices will be raised and tempers will be lost today — that's inevitable — but with the right attitude most of the uproar will pass over your head.

CANCER

JUNE 22-JULY 22 You will be much quicker off the mark today than you have been of late and if you see a chance to make money you won't hesitate in the slightest.

CAPRICORN DEC 22-IAN 20

Some people will always refuse to see sense, no matter what the facts are. It may be tempting to show up one such person today, but why bother?

LEO JULY 23-AUG 23

It may feel as if you can take on the world and win but that's more likely to be true if you resist the urge to scatter your energy in all directions.

AQUARIUS

JAN 21-FEB 18
You'll be hugely energetic today but you'll also be limited in what you can do, most likely because you don't have the resources to follow through.

VIRGO AUG 24-SEPT 22

Once again you're paying too much attention to what others say and not enough to what your heart tells you. Just listen to and act on your instincts.

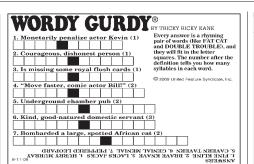
PISCES FFR 19-MARCH 20

You may find it hard to understand why something is taking so long but getting hot under the collar about it won't change a thing. Be patient.

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Today in history

AUG. 11, 1929: Babe Ruth becomes the first baseball player to hit 500 home runs in his career with a home run at League Park in Cleveland, Ohio. AUG. 11, 1965: Race riots (the Watts riots) begin in

Watts area of Los Angeles.

AUG. 11,1972: Vietnam War — the last U.S. ground combat unit departs South Vietnam. AUG. 11, 1988; Al-Oaeda formed.

AUG. 11, 2003: NATO takes over command of the peacekeeping force in Afghanistan, marking its first major operation outside Europe in its 54-year history.

METRO NEWS SERVICES





Samana via Toronto Gran Bahia Principe El Portillo • 4 1/2 ★ All-Inclusive • Standard rm.

Sept. 6-27 • 1 wk.

. Taxes & fees: \$

\$539

Punta Cana via Toronto

Occidental Grand Punta Cana • 4 ★

All-Inclusive • Junior suite Sept. 5 - 26 • 1 wk. Upgrade to Royal Club luxury rm. for \$229 per person \$559 Taxes & fees: \$322

Liberia, Costa Rica via Toronto

Occidental Grand
Papagayo • 4 1/2 ★
All-Inclusive • Deluxe rm.

Aug. 22 & 29 • 1 wk.
FREE upgrade to deluxe oceanview
room at destination (subject to availability)

\$999

Taxes & fees: \$210 Departure tax: 26 USD cash, paid locally.

Cancun/Riviera Maya

Occidental Grand Xcaret • 4 1/2 ★

All-Inclusive • Deluxe rm. Dec. 19 • 1 wk.

\$1429 Taxes & fees: \$258

Santa Clara

Meliá Las Dunas • 4 ★ All-Inclusive • Standard rm. Dec. 20 • 1 wk.

14/9

Departure tax: 25 CUC cash, paid locally.

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Barkston Gardens • 3 1/2 ★
Breakfast

Standard rm. Sept. 22-24 • 6 nts. \$799 Taxes & fees: \$393 DEAL on CRUISES

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